

### Altham St. James PE Curriculum Overview

Term	FS/KS1	KS2	Friday Golden Time	
Autumn 1	Gymnastics	Dance	Multi-skills	
Autumn 2	Dance	Gymnastics	Multi-skills/ inter-school competitions	
Spring 1	Games skills	Athletics	Multi-skills/ inter-school competitions	
Spring 2	Competitive Games	Competitive Games	swimming	Athletics/ inter-school competitions
Summer 1	Athletics	Competitive Games/ Athletics	swimming	Athletics/ inter-school competitions
Summer 2	Athletics/ Competitive Games	Athletics/ Outdoor Learning Challenges	swimming	Athletics/ inter-school competitions

Out of School Learning (OSHL)				
Monday 3:30-4:30	Tuesday 3:30-4:30	Wednesday Lunchtime	Friday Lunch-time	Friday 3:30-4:30
Dance	Football	Cross Country	Multi-Skills	Multi-Skills/ Athletics